

## **Food work to be completed if you are unable to come to school – KS3/4**

If your child is unable to attend school and they have a food lesson on that day please can we ask that, if well enough, your child undertakes the following tasks.

1. Please look at Teams and class charts. This hold vital information about what your child is currently studying and ingredients for practical's being cooked at school. If your child is due to cook on the day of absence, if possible please can they cook the dish and then email a photograph to Mrs Fleming [jfleming@Heathfieldcommunityschool.co.uk](mailto:jfleming@Heathfieldcommunityschool.co.uk) who will print and pass to your child's teacher. This way they will be able to join their peers on returning to school in the evaluation process.
2. When cooking we are teaching a specific objective, for instance raising agents, and this may be hard to replicate at home. Therefore, we ask that when they cook/bake they practice the following skills:
  - Presentation
  - Weighing
  - Independence
  - Hob control
  - Judgement of cooking time
  - Safe use of kitchen equipment
  - Correct and independent interpretation of recipes
3. We quiz student's 'theory' knowledge in food regularly to help retain knowledge and build confidence towards the more formal assessments we undertake as a school. There are regular quizzes uploaded onto Teams as part of the homework cycle in Food. Please encourage your child to check that they are UpToDate with these quizzes and that they practice any answers they are still unsure of. We recommend they visit [The Heathfield Learner | Heathfield Community \(heathfieldcommunityschool.com\)](https://www.heathfieldcommunityschool.com) as it explains how to undertake a variety of revision techniques.

Mrs D Smith

Head of Food and DT

April 2022.