

Year 8 Dance

Summer Term

Swansong by Christopher Bruce



Isolation Work 2022

Task 1:

Create your own dance warm up using the four stages of a dance warm up. List at least 3 actions for each category.

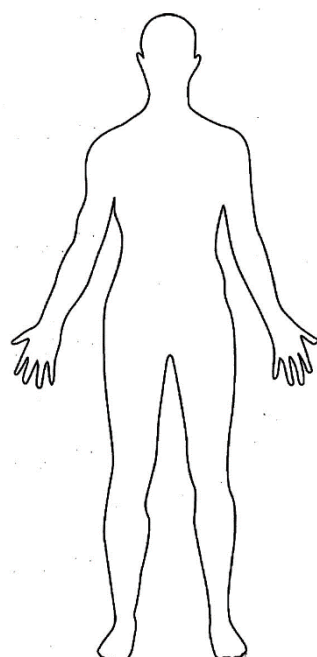
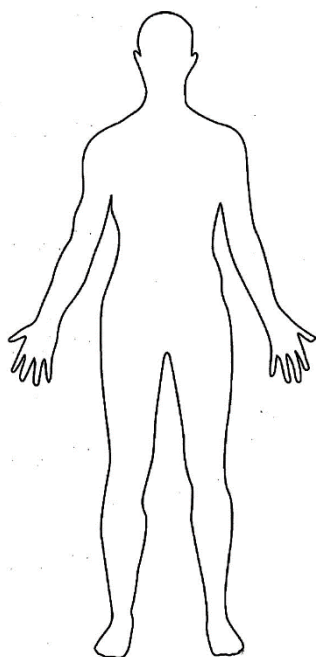
Heart Raiser	Joint Mobiliser
Stretch	Stretch

Task 2: Watch Swansong and analyse the actions and space.

<https://www.youtube.com/watch?v=nyG4UELeukg>

Actions	Space

Draw two costume designs based on the costumes from Swansong. Make sure you label your design.



Task 3: Define the key dance actions

1. Jump -
2. Turn -
3. Travel -
4. Gesture -
5. Stillness -
6. Transfer of Weight –

Task 4: Extended writing questions

1. How do the costumes in swansong communicate the theme of a prisoner and guards? (6 marks)
