



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# Peer on Peer Abuse

**Tutor Time Activity 2/11/21**



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# Recap from previous assemblies/ tutor time

## Peer on Peer Abuse

Children and young people are capable of abusing their peers and that peer on peer abuse can happen in many different ways, including on-line bullying, youth produced imagery, sexting, criminal and sexual exploitation, upskirting, initiation/hazing and inappropriate/harmful sexualised behaviours.



**Heathfield**  
COMMUNITY SCHOOL

*Happy Successful Students*



## Peer on Peer Abuse can include:

- Bullying and hate incidents (including cyberbullying);
- Physical abuse such as hitting, kicking, shaking, biting, hair pulling, or otherwise causing physical harm;
- Sexual violence, such as rape, assault by penetration and sexual assault;
- Sexual harassment, such as sexual comments, remarks, jokes and online sexual harassment, which may be stand-alone or part of a broader pattern of abuse;
- Upskirting, which typically involves taking a picture under a person's clothing without them knowing;
- sexting via text only messages with sexualised content and sexting with the use of images or video also known as Youth Produced Sexual Imagery;
- Initiation/hazing type violence and rituals.





**Heathfield**  
COMMUNITY SCHOOL

*Happy Successful Students*



# What to look for in an unhealthy relationship?

## **In an unhealthy relationship, one or both of you:**

- Try to control or manipulate the other person
- Make the other person feel unhappy, stressed, or anxious
- Want the other person to change who they are or what they believe in
- Have no give and take and only take from the relationship
- Make the other person feel bad about her/himself
- Ridicule them or call names
- Can never resolve conflict in a rational way and continue to fall out
- Have too low or high expectations for the other person
- Do not make time for each other
- Don't enjoy spending time together and avoid it
- Lie to each other
- Criticize the other's friends
- Are afraid of the other's temper
- Discourage the other person from being close with anyone else
- Ignore each other when one is speaking
- Are overly possessive or get jealous about ordinary behaviour
- Push, grab, hit, punch, or throw objects or use physical force or threats





**Heathfield**  
COMMUNITY SCHOOL

*Happy Successful Students*

# Characteristics of a Healthy Relationship (Not just a romantic relationship)

## **In a healthy relationship, one or both of you:**

- Treat each other with respect
- Make the other feel happy
- Have a willingness to compromise and change some things
- See the relationship as a chance to give something to someone else
- Feel secure and comfortable
- Make the other person feel that they 'matter'
- Are not violent with each other
- Have realistic, reasonable but high expectations for each other
- Can resolve conflicts satisfactorily
- Enjoy the time you spend together
- Support one another
- Take interest in one another's lives: health, family, work, etc.
- Have privacy in the relationship
- Can trust each other
- Communicate clearly and openly
- Have letters, phone calls, and e-mail that are your own
- Have more good times in the relationship than bad







**Heathfield**  
COMMUNITY SCHOOL

*Happy Successful Students*



# Scenario 1

## Unwanted touching in class between young people

- A student putting their hand up the top of another student.

### Questions/ Points to consider:

1. Why is this wrong?
2. How could this make the victim feel?
3. What would you do if you saw this happening?



**Heathfield**  
COMMUNITY SCHOOL

*Happy Successful Students*



## Scenario 2

- Students taking pictures and video in the changing room(upskirting)
  - 2 students taking pictures and videos of boys in the changing rooms by offenders sliding their phones under the changing room cubicle door. The offenders thought it was 'a laugh'. The victims were distressed.

Questions/ Points to consider:

1. Why is this wrong?
2. How could this make the victim feel?
3. What would you do if you saw this happening?



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Scenario 3

- Sharing of semi-nudes between young people
- An exchange of nude pictures between two students. 1 student was coerced into sending the image.

Questions/ Points to consider:

1. Why is this wrong?
2. How could this make the victim feel?
3. What would you do if you saw this happening?





Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Scenario 4

1 Student called another student a 'pussy' for not volunteering an answer in lessons

Questions/ Points to consider:

1. Why is this wrong?
2. How could this make the victim feel?
3. What would you do if you saw this happening?



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Scenario 5

A joke was said between 2 friends about the subject of rape.

Questions/Points to consider:

1. Why is this wrong?
2. How could this make someone feel?
3. What would you do if you saw this happening?



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# Survey

Page 1 – Please put your tutor group and your gender  
- Please complete Qs 1-4.





Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Page 2

- Name Calling: Discussion Activity
  - What is Name Calling?
  - What is sexist name calling?
  - What is racist name calling?
  - What is gender based name calling?



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Page 2

- Name Calling: Discussion Activity
  - What is Name Calling?
  - Making an unkind comment to someone, sometimes using comparison in a negative way.
  - What is sexist name calling?
  - Eg: man up, don't be such a girl
  - What is racist name calling?
  - Derogatory comments about a persons ethnicity
  - What is gender based name calling?
  - Eg: Homophobic comments or referring in a negative way to someone's gender



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# Now complete your answers for Page 2

- If you have any questions please put your hand up.





Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



## Page 3

### What is sexual assault?

- Sexual assault takes many forms including attacks such as rape or attempted rape, as well as any **unwanted sexual contact or threats**. Usually a sexual assault occurs when someone touches any part of another person's body in a sexual way, even through clothes, without that person's consent.



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# Now complete your answers for Page 3

- If you have any questions please put your hand up.



Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



Page 4





Heathfield  
COMMUNITY SCHOOL

*Happy Successful Students*



# #tutorfirst

- Your tutor can help!
- Please see your tutor if you are a victim of any of these situations, or another trusted adult (Mentor, HOY, Teacher).
- Please see your tutor if you witness any of these situations.
- Heathfield Community School has a Zero Tolerance approach to all Peer on Peer Abuse.

**SPEAK  
OUT**