

YEAR 7 REVISION BOOKLET

Dear Student

YOU WILL HAVE AN EXAM IN THESE SUBJECTS:

- English
- Maths
- Science
- Art
- Dance & Drama
- DT - All projects areas
- Geography
- History
- Modern Foreign Languages
- Music
- Religion, Philosophy & Ethics

Use this booklet to help you plan out your revision during the study weeks.

It includes the following details:

- What topics will be covered in your exam. There will be no surprises!
- How long each exam will be and what different sections there will be in each exam.
- Some tips on approaches to revision in each subject.

REMEMBER : The main purpose behind the exams is to give you the experience of sitting exams and to give you the experience of planning your revision. This will help you later on when you are taking exams (such as GCSEs) that are more important.

GOOD LUCK!

2019

Ian Grant
Deputy Head

HOW TO USE THIS BOOKLET:

- Read this to help plan your revision.
- Have it ready for each lesson.
- Tick off each area as it is covered.
- Double tick when you feel that you understand this area.
- Highlight any areas that are causing you difficulty.
- Make certain that you read the booklet and have clear in your head what is involved in each exam.
- Share this document with someone at home – get them to help you revise!
- See your teacher if there is anything that you don't understand.

Below are study tips on “how to revise”. Use these and you will remember!

Study tip #1: Retrieval practice. Put away notes, on blank page do a "brain dump" write all you know about a topic on the page. When done, use notes to check for accuracy and add missing information. [#retrievalpractice](#) [#howtostudy](#)

1 RETRIEVAL PRACTICE



Retrieval practice means trying to remember material you have learned, so when you sit your test, it comes readily to mind. Like this:

- 1 Make a list of important info you need from a topic
- 2 Close the book and create a quiz for yourself
- 3 Try to retrieve everything you've committed to memory
- 4 Go back and check all your answers

Study tip #2: Questioning and elaboration. Ask questions to yourself whilst studying things you have learnt. Ask friends, teacher. Connect ideas, similarities and differences. Retrieval practice for a pass, elaboration for an A. [#elaboration](#) [#howtostudy](#)

2 QUESTIONING AND ELABORATION



Once you have learned a lot of material, what should you do with it?

Ask questions about it and make connections. Here are questions about this quote:

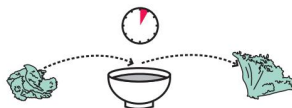
*Is this a dagger which I see before me,
The handle toward my hand?*

- 1 Why does Shakespeare use this imagery here?
- 2 What does this reveal about Macbeth at this point?
- 3 How does this connect to what we know of Macbeth?

Study tip #3: Concrete examples: Some ideas can be abstract and that makes them difficult to understand. Collect examples for abstract ideas from your teacher or from notes/books. Creating your own is best but check they are accurate. [#howtostudy](#) [#concreteexamples](#)

3 CONCRETE EXAMPLES

Concrete examples help concepts come alive — as in the transformation of lettuce depicting osmosis.



And in these questions used to find out exactly what an excellent essay looks like:

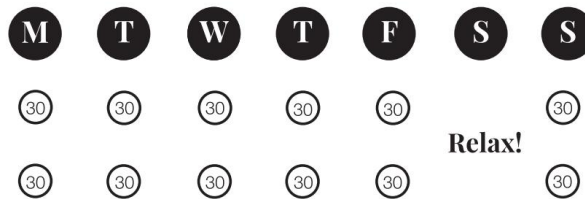
- 1 How has the essay been structured?
- 2 What particular phrases have been used?
- 3 What specific examples have been used as evidence?

Study tip #4: Spaced Practice. Plan to study early. 5 hours over 5 weeks is better than 5 hours at once. Look back at work from last week, month, term. Use tip #1 retrieval practice, tip #2 elaboration, tip #3 examples with your spaced practice. [#spacedpractice](#) [#howtostudy](#)

4 SPACED PRACTICE

Recognising that procrastination is part of our nature, helps us avoid it. Cutting up revision into smaller chunks and spacing it out over a period of time is the best strategy to adopt.

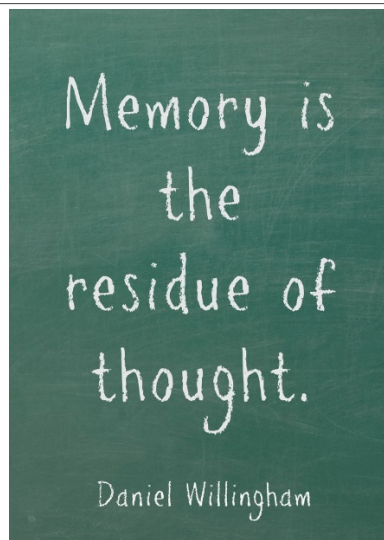
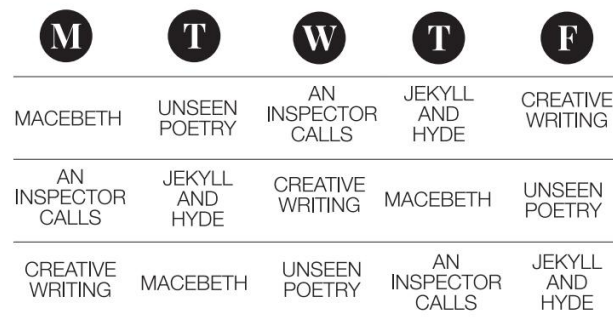
For example, with 6 hours to prepare for a test in a week's time, here's how to space out the revision.



Study tip #5: Interleaving. Switch between ideas during a study session, don't study one idea for too long but long enough to learn. Switch topics and subjects. Go back over ideas in a different order. Feels really hard but hard work helps learning. [#interleaving](#) [#howtostudy](#)

5 INTERLEAVING

As with spaced practice, leaving gaps between studying is very effective. When studying multiple topics, mixing up the material you study adds to its impact. Such a mix is called interleaving.



SUBJECT	ENGLISH	MATHEMATICS	SCIENCE
Exam Length:	45 mins	1 hour	1 hour
Head of Department:	Helen Harper	Michael Brooks	Lionel Crow
Exam Structure:	Autumn term: An extended essay in response to a Oliver Spring term: An extended response to a poem.	1 Written Test.	One paper for all students. Short response questions related to topics studied from the year.
What might be in the exam?	<p>You will be tested on:</p> <ul style="list-style-type: none"> Your ability to understand and show knowledge of a text. Your ability to find evidence to support your points. Your knowledge of key subject terminology and how writers use language and structure for effect. Your analytical skills and ability to zoom in and explore language and structure. 	<ul style="list-style-type: none"> You will be tested on a variety of topics with a focus on what you have covered so far this year. Other algebraic and statistical topics will also appear to assess prior knowledge. 	<p>You will be tested on the topics covered since September. These include:</p> <ul style="list-style-type: none"> Asking scientific questions Particles and their behavior Forces Motion and pressure Cells
How do I revise?	<ul style="list-style-type: none"> Build knowledge of a range of language and structural techniques. Identify language and structure techniques used by writers. Practise exploring the meanings of words and phrases. Practise using the 'What, how, why?' structure of answering questions. Re-read all notes for assessment preparation in class, including your previous targets (EBIs). Note: Imaginative/transactional writing skills are practised and monitored by teachers throughout units. 	<ul style="list-style-type: none"> Go over the notes put in your blue revision book and practice some extra questions (ask your teacher if you need more of these). There are also some excellent websites which you can use to revise such as: <ul style="list-style-type: none"> https://hegartymaths.com www.mymaths.co.uk user name: heathfieldcs password: obtuse and www.bbc.co.uk/bitesize <i>from which topic notes can also be found.</i> Use any revision sheets your teacher gives you. Learn everything in your blue revision book. Make a revision notebook. Re-do previous tests. 	<ul style="list-style-type: none"> Self-quiz using the relevant pages in the Science knowledge organiser booklet. Complete the Year 7 self-quizzing booklet to revise some of the most difficult concepts that will be in the assessment point test (ask your teacher for a copy).

SUBJECT	ART	DANCE & DRAMA
Exam Length:	1 hour 10 minutes	1 hour 10 minutes
Head of Department:	Heather Essadiq	Mel Hoare / Jodi Crocker
Exam Structure:	One paper on drawing skills. You will be asked to produce an observational drawing on a theme given to you by your teacher.	A 10-minute vocabulary test to demonstrate understanding of key words and their definitions. 1 hour of observed practical exploration and performance skills.
What might be in the exam?	<ul style="list-style-type: none"> You will be tested on your ability to use the visual elements, within an accurate observational drawing: Line / Shape / Form / Tone / Texture: “Have you created detail using line and tone?” Your ability to use composition and scale: “Have you got the correct proportion (size) and form (shape)? Have you filled the page?” We will look at your understanding of how to apply pencil: “Have you included 5-7 different tones, with a gradual change? Have you created highlights either leaving white areas or using a rubber?” <p>(Theme/Object will be set by your Art teacher – before the exam).</p>	<ul style="list-style-type: none"> The subject specific vocabulary on your knowledge organisers. Performance techniques explored since September. Performance of practical work to the rest of the class.
How do I revise?	<ul style="list-style-type: none"> Practise observational drawing skills using all the visual elements: The only way to get better at a skill is to do it, over and over again. Choose objects carefully ready for the exam. Consider Still Life composition and set-up of objects. <p>YOU WILL NEED:</p> <ul style="list-style-type: none"> 2B pencil (available to buy at school at a cost of 20p each) 1 pencil sharpener 1 rubber 	<ul style="list-style-type: none"> Use your knowledge organiser available on E-Praise. Take a look at BBC Bitesize. https://www.bbc.com/education/subjects/zk6pyrd

SUBJECT	DT : All projects	GEOGRAPHY	HISTORY
Exam Length:	30 minutes	50 minutes	One lesson
Head of Department:	Deborah Smith	Heather Sperring	Jonathan Barter
Exam Structure:	<p>One paper in three sections:</p> <ol style="list-style-type: none"> 1. Multi choice on rotation you have studied in the Autumn term, e.g. Food. 2. Longer answer questions on rotation you have studied in the Autumn term, e.g. workshop. 	<p>One paper divided into 3 sections to correspond to topics below.</p> <p>There is a mixture of the following types of question: Multiple choice, 1, 2, 3 and then longer 4-6 mark answers.</p>	<p>One question that asks students to 'Write an account ...' about why an event happened in History.</p>
What might be in the exam?	<ul style="list-style-type: none"> • Tools, processes, materials and equipment used in the project. • Health and Safety questions. 	<ul style="list-style-type: none"> • How do I become an Excellent Geographer? • What's the use – how can Earth meet our resource needs? • Does Heathfield School have a litter problem? 	<ul style="list-style-type: none"> • The fall of the Roman Empire. An examination on the reasons why the Roman army was defeated.
How do I revise?	<ul style="list-style-type: none"> • Look through your book at all the work you have completed. • Look at the products you have made, remembering how you made them. • Make sure you know all the names of tools/equipment you have used. • Use your Knowledge Organisers to Learn key terms and content. • Look at Epraise and see your teacher for more detailed revision. 	<ul style="list-style-type: none"> • Test yourself using your "Year 7 Heathfield Geography Overview" sheet in the front of your book. • Use your Knowledge Organisers to Learn key terms and content. • Make flash cards. • Use a mind map to learn the detail. • Verbally test a friend or a member of your family. • Start your revision early – don't leave it all to the night before! 	<ul style="list-style-type: none"> • Knowledge tests. • Online reading. • Use the information in your books to make mind maps (on the whole topic). • Self or peer tests using knowledge organisers, test yourself, look at assessments where you've used your skills (Causes of events).

SUBJECT	MODERN FOREIGN LANGUAGES – FRENCH or SPANISH	MUSIC	RELIGION, PHILOSOPHY & ETHICS
Exam Length:	1 hour	During Lesson Time	One lesson
Head of Department:	Sarah Wood	Sarah Hall	Mary Lockwood
Exam Structure:	One paper divided into three parts : listening, reading, translation.	Three separate mini assessments based on the three areas of Music over the course of the first term. <ul style="list-style-type: none"> • Listening Exam. • Composition on Sibelius (ICT). • Performance task. 	One paper with sub questions including a longer evaluation question.
What might be in the exam?	<ul style="list-style-type: none"> • Greetings and asking questions. • Family and descriptions. • Pets, colours and size. • Weather. • Free time activities. • Present tense verbs. • Giving opinions. 	<ul style="list-style-type: none"> • Dictation questions based on notation and rhythm. • Composition for un-tuned percussion (Sibelius). • Performance of a Samba Groove (KIT KIT). 	<ul style="list-style-type: none"> • Questions about all topics you have studied so far - Who Am I?, The Island, and Sikhism. • Questions that reflect the key RPE skills we have worked on this year - empathy, asking questions, knowledge, reflection, understanding, interpreting and evaluating.
How do I revise?	<ul style="list-style-type: none"> • Revise key vocabulary using your 'Mon Ami' (French) / 'Mi Amigo' (Spanish). • You will find ideas for learning vocabulary at the back of your vocabulary booklet. • Make sure you know how to use present tense verbs. • Use www.linguascope.com to practise vocabulary. Username: heathfield Password: croissant 	<ul style="list-style-type: none"> • Practice and learn notation. • Play and listen to Samba and Drum kit rhythms. 	<ul style="list-style-type: none"> • Learn key terms and meanings especially about the Gurdwara (temple) in Sikhism. • Review all work completed this year.